



August: What a month it was,

with round four of the Cross Country (XC) series at Coondoo on Sunday 16th and round two of the Gravity Enduro (GE) series at Butterfly on Sunday 23rd. Coondoo attracted 70 riders who took advantage of a perfect track and even better weather; whilst Butterfly for the GE attracted 57 riders enjoy the relaxed atmosphere and the great track. Two thumbs up to the crews that organised and ran each event.

Then the rain came and it came some more; with the Shoalhaven experiencing over 400mm of rain. This not only led to the closure of the SCUM trails and postponement of the Chocolate Foot round at Coondoo but was devastating for many people in the regions whose houses and properties were inundated with flood water.

It's now time to put the rain coat away & get your lights out for SCUM's next event, the Dusk to Dark Enduro. 3hrs of Coondoo Singletrack on Sep 5; full details will be on the Club Website.

Photo above: Lyrebird Sports Ground East Nowra (by Doonan McLaren); Courtesy of www.illawarramercury.com.au.

What's in this Issue?

- Coondoo wraps up XC round 4
- A dedicated Crew
- Butterfly GEt's it's groove on
- BC: A Whistler Winter Escape
- Blast the Night
- The Event Calendar (new dates)

The next Dig & Ride day will be Sunday September 13 at Superbowl, followed by the third and final round of the Gravity Enduro series on Sep 27.

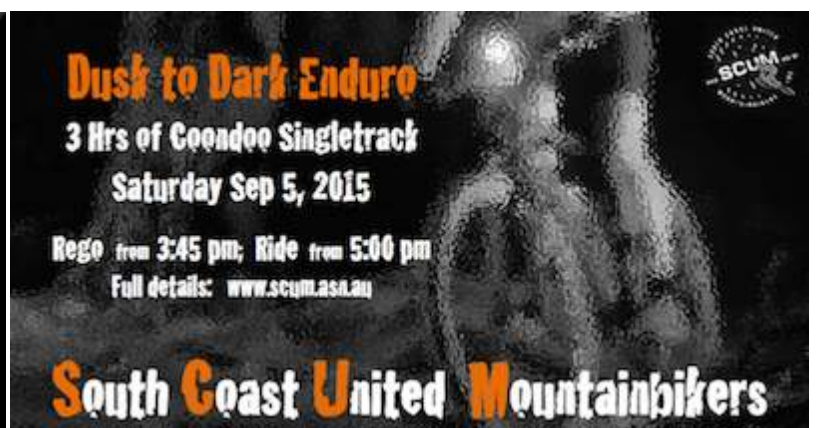
Also, check the calendar for upcoming events, like the Pink Wheel fundraiser; there's been some date changes.

So stay safe & dry and I'll see you at the Enduro.

Brad



S.C.U.M.
GRAVITY ENDURO
RETURN TO THE BOWL!
RD 3
SUPERBOWL
FOREST RD STH NOWRA
REGO @ 8AM RACING @ 10
27th SEPT 2015 info : www.scum.asn.au



Dusk to Dark Enduro
3 Hrs of Coondoo Singletrack
Saturday Sep 5, 2015
Rego from 3:45 pm; Ride from 5:00 pm
Full details: www.scum.asn.au
South Coast United Mountainbikers

XC Round 4 Wrap – Coondoo

Coondoo turned it on for the 70 riders that turned up for Round 4 of the XC series; with SCUM welcoming some new comers and new members on the day. The weather was perfect and the track was superb making the competition fast and tight.

Dean Quince took the honors of the faster rider of the day averaging 22km/hr over the 5 laps he completed when gaining first place in the Elite Men's category. Second place went to **Kurt Warn** with third going to **Rhys Flahive**.

The Expert, Master & Veteran Female categories saw **Lynne Vaughan** battle it out with **Julie Orellana**, **Nicole Fellows**, **Nichola Beachcroft**, **Naomi Reid** and **Alison Salafia**.

The Super Master Female category was super close with only 4 seconds between **Katie Lahodny** and **Joanne Warren** over their two laps.

The Expert Male Category also saw some very close competition, with 4 seconds separating the top 3 riders. First place went to **Liam Dooley**, followed by **David Bell** & **David Tuckerman**.

Campbell Blair led the Under 15 Male category from start to finish, followed closely by **Job Hendricks** only 15 seconds behind. **Tara Mustapic** was the first female across the line in the Under 15 category.

Not to be outdone, the Mixed Under 13 category saw the Gomez children come home strong, with **Liam Gomez** coming in first, with **Arial Gomez** the first female across the line. Look out mum & dad, they'll both be catching you soon.

Then there was the Mudflicker's race; the next World Champions in the making. It's great the they'll have got their riding legs from doing Coondoo.



Expert Males: **David Bell** (above) & **Dave Tuckerman** in hot pursuit for 2nd & 3rd place.





No rest for the dedicated SCUM Trail Crew!

During August the trail crew were busy as ever. Coondo received some attention with a new pallet bridge being installed within Morocco Mole; rising above the wet and bog. Some further drainage remediation work was completed at the base of Beach Street, plus a new section was put in on the final hill climb to eliminate the 'water course' of old.

The crew also gave Butterfly a spruce up in preparation for the second round of the Gravity Enduro; just to make it easier to 'fly at the Fly'.

Whilst everyone is welcome to join a Dig & Ride day with shovel, rake & gloves, we do need to ensure that we meet our obligations under the Occupancy Permit with Forestry Corporation.

Please therefore ensure that **All Trail Work is coordinated & sanctioned by the Trail Crew coordinator (Tony Conroy).**

It's fantastic that people want to 'improve the trails', however before you take your shovel & rake to make that small change or build that new bit of track, please talk to Tony before hand on mobile 0411 404 733.

Any rider can clear fallen tree branches or prune those hazardous 'face slappers' from the side of an existing trails; but please **do not** build new trails.

If you would like to help and love playing in the dirt then come out to one of the **Trail Crew Dig and Ride days**; these fun days (mornings) usually occur on the second Sunday of the month, the next being **Sep 13** at **Superbowl**. Check out **Facebook** or the **Forum** for specific details.



GE Round 2 made Butterfly Fly, the rain was kind enough to stay away for the second round of the SCUM Gravity Enduro series.

The SCUM crew got their groove on & did a great job creating 3 different timed sections that were great fun whether you were on a Hard Tail, a Full Enduro Mount or a BMX bike for that matter. **Simon Finlay** did a great job at the helm with Registrations; and Matt Kidd was tong master extraordinaire on the BBQ ☺.



There was some very close racing amongst the classes with on seconds separating riders, except for when there were equal place getters in terms of overall time.

Peter Tarasenko topped the day with the fastest time overall, a quick 8 minutes 12 seconds. Peter was

followed closely by fellow Veteran competitor **William Brook** with a margin of only 4 seconds between them.

Nicole Fellows was the fastest female on the day, narrowly beating **Julie Orellana**. **Naomi Reid**, **Katie Lahodny** and **Ariel Gomez** (GO the Gomez's) all flew around the course.

The under 17 Male class was super close with **Sam "Walkabout" Kirby** getting up by 1 second over fellow racer Kyle Roughly.

Full results are available on the 'results page' of the SCUM website: <http://www.scum.asn.au/results.html>

See the **next page** for some great pictures courtesy of Peter Tarasenko – not only is he handy on the bike he's pretty handy behind the lens; thanks Peter ☺

The third and final round of the 2015 GE Series will be held at Superbowl on Sunday 27 September.



@ptaar

Nicole Fellows – Taking the roll over



@ptaar

A social ride –bike up to the start



@ptaar

Jesse Palmer – Going 'full enduro'



@ptaar

Dean Connell – Getting some air



@ptaar

Naomi Reid – Riding a berm



@ptaar

Father & son – Having fun

BC Bike Parks Eh (words by Andrew Reid)

The goal, to escape winter and ride mountain bikes. The timeframe, 3 weeks. The budget, \$6k-8k including airfares, accommodation, meals and spending money. The destination, the top three British Columbian bike parks.

After booking our flights somewhat spontaneously during an online sale, agreeing on which bikes to take, planning the itinerary, booking accommodation and servicing the bikes, we were ready to go!

Whistler Bike Park

After several painfully long weeks, a delayed flight, a missed connection and a short bus ride later, we arrived in Whistler only to find our hotel only about 200 meters from the chairlift. Time to build up the bikes ready for a week of shredding the gnar, high fives and fist pumps (pardon the Canadian slang).

What's not to love about Whistler Bike Park? 22flow/jump trails, 46 technical trails, 1507 meters of vertical decent and several drinking holes at the base of the mountain. What else can I say? If you're not convinced check <http://bike.whistlerblackcomb.com/> or the thousands of videos on <http://www.pinkbike.com/>

The riding outside the bike park is also world class. There are cycle paths, dirt jumps, pump tracks, skills parks, an indoor foam pit and endless XC trails.

Just remember to give way to the locals...



Ready to ride the Garbanzo Zone in Whistler

Whistler has more to offer than just riding (not to say you can't ride every day!). We enjoyed hiking, swimming, eating, drinking and shopping while off the bike. When you can ride 10 hours of lift accessed trails a day, some time off the bike helps keep the blisters and various other aches and pains at bay. I highly recommend the Joffre Lakes hike about an hour north of Whistler.



A 'local' Bear Cub casually crossing the trail at Whistler



Joffre Lakes & Matier Glacier: some of the other attractions in Whistler

Silver Star Bike Park

The next stop was Silver Star Bike Park. Silver Star is a small colourful alpine village (literally) about a 6 hour drive from Whistler. Silver Star is cheap compared to Whistler and you basically get the trails to yourself (relatively speaking after Whistler); three days accommodation and lift access cost about \$370 twin share. Not to mention our apartment was pimping and virtually at the trailhead.

If I could ride any bike park for a day it would be Silver Star. The trails are super smooth, have a good mix of flow and technical terrain, and the park has a relaxed and friendly atmosphere. It feels more like riding with a group of friends than in a bike park. For more info checkout <http://www.skisilverstar.com/summer/home>. I don't have much to say about non-riding activities, all we did was ride ☺

Sun Peaks Bike Park

Our final stop was Sun Peaks Bike Park, just outside of Kamloops. Sun Peaks was similar to Silver Star in terms of size and atmosphere, however the trails were quite different. They were a bit rougher and more gnarly. After a few days in Sun Peaks we decided to head back to Whistler to finish off.

After only three flat tyres, numerous blisters, and two sets of brake pads later, we made it back to Sydney. BC was an awesome riding holiday and we highly recommend it.

Now back to reality, winter in Australia and work.

Our top tips for riding BC Bike Parks

- Take wet weather gear; a mud guard and rain jacket of some description is a must! It rains a lot in BC!!! The good news is the trails are built for all conditions and will dry out within a few hours (if you can wait).
- Take a bike lock and stay in bike friendly accommodation i.e. places that allow bikes in rooms or have bike valets, not dodgy unsecure bike cages in car park basements.
- Avoid bike parks on weekends to miss the crowds; at Whistler ride the Garbanzo Zone (the crowds tend to stick to the lower trails).
- Stay in accommodation with a kitchen to save money.
- If you want variety explore the trails outside the bike park; it's about the same price to rent a trail/xc bike as a bike park day ticket.



Naomi: Ready to Rock Star!

Do you have a trail tail like Andrew and Naomi's that you're itching to share?

Then send some words and pictures to us at SCUM and we'll include them in a future Newsletter (subject to some editing perhaps) . . . simply email to info@scum.asn.au Contributions are always welcome.

Night riding is a Blast

If you haven't got a set of lights yet, then race into your local bike shop to get a set. Night riding opens up a whole new world, and you'll get to see the trails in a whole new 'light'.

SCUM's next event, the Dusk to Dark Enduro, is 3hrs of Coondoo Singletrack. The first lap (or two) will be on dusk so you may get away without using your lights but after dusk they'll be a requirement for full blown fun. The Dusk to Dark is on Saturday Sep 5. See the Club Website www.scum.asn.au for further details.



Dusk to Dark Enduro
3 Hrs of Coondoo Singletrack
Saturday Sep 5, 2015
Rego from 3:45 pm; Ride from 5:00 pm
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South Coast United Mountainbikers



SCUM Shop SCUM Shop SCUM Shop SCUM Shop

Need some new riding kit, a T-Shirt or a Drink Bottle?

Featuring cool green logos, the new SCUM racing kit will give you the competitive edge you've been looking for; they are fast.

Bibs - \$100; Jerseys: \$75; Free Ride Jerseys: \$55

There also a few old style Jersey's available for \$50 (limited sizes)

Decade of Dirt T-Shirts (\$25) and Drink bottles (\$5) are also available.

See the **SCUM Website** www.scum.asn.au for more info and hit the contact page to enquire about available sizes.



2015 Event Calendar

Date	Event	Track	Details
14/03/15	Dusk to Dark Enduro (3 Hr)	Coondoo	Results available on SCUM Website
19/04/15	XC Round 1 + Mud Flickers*	Coondoo	Results available on SCUM Website
17/05/15	XC Round 2 + Mud Flickers*	Superbowl	Results available on SCUM Website
21/06/15	XC Round 3 + Mud Flickers*	Butterfly	Postponed due to wet track ☹️
12/07/15	Gravity Enduro Round 1	Superbowl	Results available on SCUM Website
19/07/15	XC Round 3 + Mud Flickers*	Butterfly	Cancelled due to wet track ☹️ ☹️ (No Results)
16/08/15	XC Round 4 + Mud Flickers*	Coondoo	Results: www.scum.asn.au/results.html
23/08/15	Gravity Enduro Round 2	Butterfly	Results: www.scum.asn.au/results.html
30/08/15	Chocolate Foot (7hr)	Coondoo	Postponed (new date 25 October)
05/09/15 (Sun)	Dusk to Dark Enduro (3 Hr)	Coondoo	Rego: From 3:45pm Ride: From 5:00pm
27/09/15 (Sun)	Gravity Enduro Round 3	Superbowl	Rego: From 8:00am Ride: From 10:00am
18/10/15 (Sun) #	XC Round 5 + Mud Flickers* (Pink Wheel Fundraiser)	Coondoo	Rego: From 9:00am Ride: 10:15 (Mud Flickers 9:45am)
25/10/15 (Sun) #	Chocolate Foot – Single Track Mind Series (rescheduled)	Coondoo	For details see: www.chocolatefoot.com.au
29/11/15 (Sun)	XC Round 6 + Mud Flickers*	Butterfly	Rego: From 8:00am Ride: 9:15 (Mud Flickers 8:45am)

* 'Mud Flickers' is a ride targeted at kids under 11 years. The course is short & flat & usually less than 200m long. It's a whole lot of fun for your 'want to be' World Champion. Mud Flicker events usually run between 10-15 minutes prior to the main event, so bring the kids along.

Please note:

Dates are subject to change (some have already #) – All events are dependent on weather / track condition; therefore details can change (sometimes at short notice).

Please check the SCUM Website, FORUM & Facebook for updates.