



Coondoo, Superbowl & Butterfly are all easily accessed a few kilometres South of Nowra just off the Princes Highway via Forest Road. Riders are advised that **there are no water or toilet facilities based at any of the SCUM trails** (apart from naturally occurring features); therefore come prepared and bring plenty of water. **Toilet facilities & drinks are however available at all SCUM Events.** The nearest shops and facilities are located in South Nowra (approx. 4km North from the Junction of Forest Road and the Princes Highway).

Coondoo (XC): Located 15 minutes South of Nowra, Coondoo is the original home of SCUM XC Endurance races. Originally 6km in length, the course has been extended to enable events of various configurations and loop lengths (up to approximately 10km).

Getting there:

- Turn onto Forest Rd from the Princes Highway (A1); continue along Forest Rd for approx. 200m
- Turn Right onto Western Rd
- Continue approx. 1km along Western Rd until a major junction with Coondoo Rd is reached (un-signposted). The trail head is 30m along Coondoo Rd on the left.

Main junctions (as on map) – Riding Direction CLOCKWISE:

1. Turn right up Beach Street (longer loop) OR continue left down Missing Linkk.
2. Continue left around the dam (longer loop) and head down into Gimlet then back around through Ziggy Zaggy OR turn right, then right again on the Fire Rd.
3. Turn left down the Fire Rd (longer loop) and head into Rocky & Bullwinkle OR continue straight across the Fire Rd to join Rock n Roll Suicide (after approx. 50m)



Superbowl (XC / Staged XC): Just 5 minutes drive from Coondoo, Superbowl offers short technical sections, flat twisty blasts, some modest climbing and wha-hoo downhill sections for all those gravity minded soles. At around 6km, it's a do it all trail.

Getting there:

- Turn onto Forest Rd from the Princes Highway (A1) & continue for approx. 5km
- Turn Left onto Butterfly Rd
- Park either 100m on the right (top of the hill) or 400m on the left (cnr East Stump Rd). Two trail heads, one (at the top) across Butterfly Road, the other heading East from the lower Car Park – away from East Stump Rd.

Main junctions – Riding Direction CLOCKWISE:

Superbowl is essentially a loop, however as multiple Fire Rds are crossed, variations can be made to shorten or lengthen your ride. During Staged XC Events slight variations are made to the course to vary the starting and finishing points.



Butterfly (XC / Staged XC): A few minutes down the road from Superbowl, Butterfly is a course that's approx. 5.5km in length & offers some super flowing single track, short technical climbs and some yee-haa downhill sections for those that like to go fast.

Getting there:

- Turn onto Forest Rd from the Princes Highway (A1); and head to Superbowl (i.e. after approx. 5km), then turn left onto Butterfly Rd.
- Continue approx. 2km along Butterfly Rd until a major clearing on the Left is reached (un-signposted). The trail head is 30m on the left from Butterfly Rd.

Main junctions – Riding Direction CLOCKWISE:

Butterfly is another loop, variations can be made to shorten or lengthen your ride. During Staged XC Events slight variations are made to the course to vary the starting and finishing points.

