

Flow X 1 - 2023 : 25/2/2023

Overall Pos	FirstName	Surname	Category	Cat Pos	Stage 1	Stage 2	Stage 3	Stage 4	Total
Grand Masters Male (60+)									
15	Trevor	Bridge	Grand Masters Male (60+)	1	Time-05:05 1=05:05	Time-04:11 1=04:11	Time-02:28 1=02:28	Time-03:33 1=03:33	15:17
20	Andrew	Allen	Grand Masters Male (60+)	2	Time-05:15 1=05:15	Time-04:12 1=04:18 2=04:12	Time-02:33 1=02:33	Time-03:41 1=03:50 2=03:41	15:41
22	Tim	Manton	Grand Masters Male (60+)	3	Time-05:24 1=05:24 2=05:24	Time-04:17 1=04:17 2=04:23	Time-02:37 1=02:43 2=02:37	Time-03:49 1=03:50 2=03:49	16:07
Junior Under 13 Male									
29	Declan	Border	Junior Under 13 Male	1	Time-08:10 1=08:58 2=08:10	Time-05:18 1=05:39 2=05:18	Time-07:15 1=07:15	Time-04:41 1=04:41	1:24
Junior Under 15 Male									
26	Lachlan	Irvine	Junior Under 15 Male	1	Time-06:32 1=06:32	Time-04:29 1=04:59 2=04:29	Time-02:44 1=02:44	Time-04:03 1=04:03 2=04:09	17:48
27	Foinnbarr	Sweeney	Junior Under 15 Male	2	Time-06:27 1=06:27	Time-04:55 1=04:55	Time-02:48 1=02:49 2=02:48	Time-04:02 1=04:20 2=04:02	18:12
Junior Under 17 Male									
4	Ned	Grootenboer	Junior Under 17 Male	1	Time-04:21 1=04:21 2=04:32 3=04:24	Time-03:46 1=03:54 2=03:46	Time-02:09 1=02:09 2=02:20	Time-03:25 1=03:25	13:41
8	Jesse	Tarasenko	Junior Under 17 Male	2	Time-04:32 1=04:37 2=04:32	Time-03:53 1=03:53	Time-02:16 1=02:18 2=02:16	Time-03:25 1=03:26 2=03:25	14:06
9	Bow	Mills	Junior Under 17 Male	3	Time-04:39 1=04:39 2=04:41	Time-03:47 1=03:55 2=03:47	Time-02:15 1=02:23 2=02:15	Time-03:27 1=03:34 2=03:27	14:08
14	Aaron	Clay	Junior Under 17 Male	4	Time-04:58 1=05:09 2=04:58	Time-04:00 1=04:05 2=04:00	Time-02:22 1=02:27 2=02:22	Time-03:25 1=03:31 2=03:25	14:45
24	Nathan	Kidd	Junior Under 17 Male	5	Time-05:49 1=05:49	Time-04:26 1=04:26	Time-02:38 1=02:38	Time-03:57 1=03:57	16:50
Junior Under 19 Female									
28	Zoe	Klapisis	Junior Under 19 Female	1	Time-07:15 1=07:15	Time-05:49 1=05:49	Time-03:18 1=03:18	Time-04:34 1=04:34	20:56
Junior Under 19 Male									
17	Josh	Miller	Junior Under 19 Male	1	Time-05:13 1=05:18 2=05:13	Time-04:13 1=04:19 2=04:13	Time-02:24 1=02:39 2=02:24	Time-03:39 1=03:39	15:29
Masters Male (40-49)									
6	Matthew	Brown	Masters Male (40-49)	1	Time-04:31 1=04:37 2=04:31	Time-03:43 1=03:52 2=03:43	Time-02:17 1=02:22 2=02:17	Time-03:21 1=03:31 2=03:21	13:52
7	George	Klapisis	Masters Male (40-49)	2	Time-04:30 1=04:52 2=04:30	Time-03:51 1=03:51	Time-02:17 1=02:17	Time-03:26 1=03:29 2=03:26	14:04
Open Male									

1	Jarrad	Davis	Open Male	1	Time-03:49 1=03:49 2=03:49	Time-03:18 1=03:20 2=03:18	Time-01:57 1=01:57 2=01:57	Time-02:59 1=02:59 2=03:00 3=03:00	12:03
2	Peter	Tarasenko	Open Male	2	Time-04:12 1=04:12	Time-03:32 1=03:37 2=03:32	Time-02:08 1=02:10 2=02:08	Time-03:15 1=03:15 2=03:15	13:07
5	Duncan	Miller	Open Male	3	Time-04:26 1=04:33 4=04:26	Time-03:49 1=03:49 2=03:49	Time-02:14 1=02:14	Time-03:19 1=03:19	13:48

Super Masters Female (50+)

19	Kathryn	Hopkins	Super Masters Female (50+)	1	Time-05:01 1=05:01 2=05:01	Time-04:31 1=04:31	Time-02:25 1=02:25	Time-03:42 1=03:42	15:39
23	Donna	Davis	Super Masters Female (50+)	2	Time-05:38 1=05:38 2=05:42	Time-04:28 1=04:31 2=04:28	Time-02:39 1=02:49 2=02:39	Time-03:50 1=03:50 2=03:50	16:35:00

Super Masters Male (50-59)

3	Steve	Wright	Super Masters Male (50-59)	1	Time-04:17 1=04:17 2=04:18	Time-03:37 1=03:37	Time-02:11 1=02:11	Time-03:19 1=03:22 2=03:19	13:24
10	Nick	Smee	Super Masters Male (50-59)	2	Time-04:35 1=04:35	Time-03:54 1=03:54	Time-02:19 1=02:19	Time-03:25 1=03:25	14:13
11	Matt	Grootenboer	Super Masters Male (50-59)	3	Time-04:41 1=04:41 2=04:42	Time-03:51 1=03:58 2=03:51	Time-02:16 1=02:19 2=02:16	Time-03:27 1=03:27	14:15
12	Grant	Turner	Super Masters Male (50-59)	4	Time-04:37 1=04:37	Time-03:53 1=03:56 2=03:53	Time-02:19 1=02:19	Time-03:28 1=03:28	14:17
13	Val	Gomez	Super Masters Male (50-59)	5	Time-04:40 1=04:40	Time-03:52 1=03:52	Time-02:18 1=02:18	Time-03:30 1=03:30 2=03:30	14:20
18	Bjorn	Hancox	Super Masters Male (50-59)	6	Time-05:07 1=05:07 2=05:13	Time-04:13 1=04:13 2=04:18	Time-02:32 1=02:32	Time-03:43 1=03:43	15:35
21	Matt	Kidd	Super Masters Male (50-59)	7	Time-05:14 1=05:14	Time-04:14 1=04:14	Time-02:28 1=02:28	Time-03:46 1=03:46	15:42

Veteran Male (30-39)

16	Tom	Dal Nevo	Veteran Male (30-39)	1	Time-05:23 1=05:23	Time-04:04 1=04:04	Time-02:21 1=02:24 2=02:21	Time-03:32 1=03:32 2=03:53	15:20
25	Jacob	Clark	Veteran Male (30-39)	2	Time-06:01 1=06:01	Time-04:36 1=04:36	Time-02:37 1=02:43 2=02:37	Time-03:54 1=04:00 2=03:54	17:08
30	Thomas	Hall	Veteran Male (30-39)	3		Time-06:42 1=06:42		Time-05:00 1=05:19 2=05:00 3=05:38	DNF