



All South Coast United Mountain Bikers Inc. (hereon referred to as SCUM) events are prepared for any medical emergencies that may occur as per the SCUM First Aid Plan as scheduled below.

**First Aid**

- SCUM volunteer first aid officers attend all events and are located either in the SCUM Event Trailer located at the finish line, or on course.
- In case of medical emergency, the Club President, Nick Smee, is in charge.
- In absentia of Nick, any other SCUM accredited First Aid Officer will take control of the situation.

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<p><b>First Aid Equipment Location</b></p> <p>Portable backpack hanging immediately inside SCUM trailer (signage indicates location).</p> <p><b>Defibrillator Location</b></p> <p>Portable backpack hanging immediately inside SCUM trailer – appropriate signage clearly identifies the defib and its’ location.</p> <p>Our accredited <b>First Aid Officers</b> are also on the SCUM Committee. The FAO’s are contactable at events either face to face at the SCUM trailer, or via mobile phone.</p> <p>On the day of the event, the Race Director provides information in the Rider Briefing as to who and where the FAO’s are. <i>NB: St John’s Ambulance are contracted for larger events.</i></p>								
<p><b>Closest intersection for emergency services:</b></p> <ul style="list-style-type: none"> <li>a) Coondoo – Forest and Western Roads, Comberton (Nowra State Forest)</li> <li>b) Superbowl – Forest and Butterfly Roads, Comberton (Currumbene State Forest)</li> <li>c) Butterfly – Forest and Butterfly Roads, Comberton (Currumbene State Forest)</li> <li>d) Cabbage Tree Lane – Cabbage Tree Lane and Firethorn Roads, Mundamia (Shoalhaven State Forest)</li> </ul>								
<p><i>The closest access point for emergency services is dependent upon location of actual first aid emergency (where the incident occurs).</i></p> <p>For the purpose of this First Aid Plan, the <i>closest intersections</i> (above) are first point of direction for emergency services. A SCUM FAO, committee member, or other nominated person will meet emergency services at the intersection to then provide directions to access the injured person/s.</p>								
<p><b>Important local medical contact numbers</b></p> <table> <tr> <td>Emergency:</td> <td>Triple 000</td> </tr> <tr> <td>Local hospital (public):</td> <td>Shoalhaven District Memorial Hospital 4421 3111</td> </tr> <tr> <td>Local hospital (private):</td> <td>Nowra Private 4421 5855</td> </tr> <tr> <td>Dental:</td> <td>Pacific Smiles Dental 4421 6794 (Sat 08:30-17:30 Sun 09:30-16:00)</td> </tr> </table>	Emergency:	Triple 000	Local hospital (public):	Shoalhaven District Memorial Hospital 4421 3111	Local hospital (private):	Nowra Private 4421 5855	Dental:	Pacific Smiles Dental 4421 6794 (Sat 08:30-17:30 Sun 09:30-16:00)
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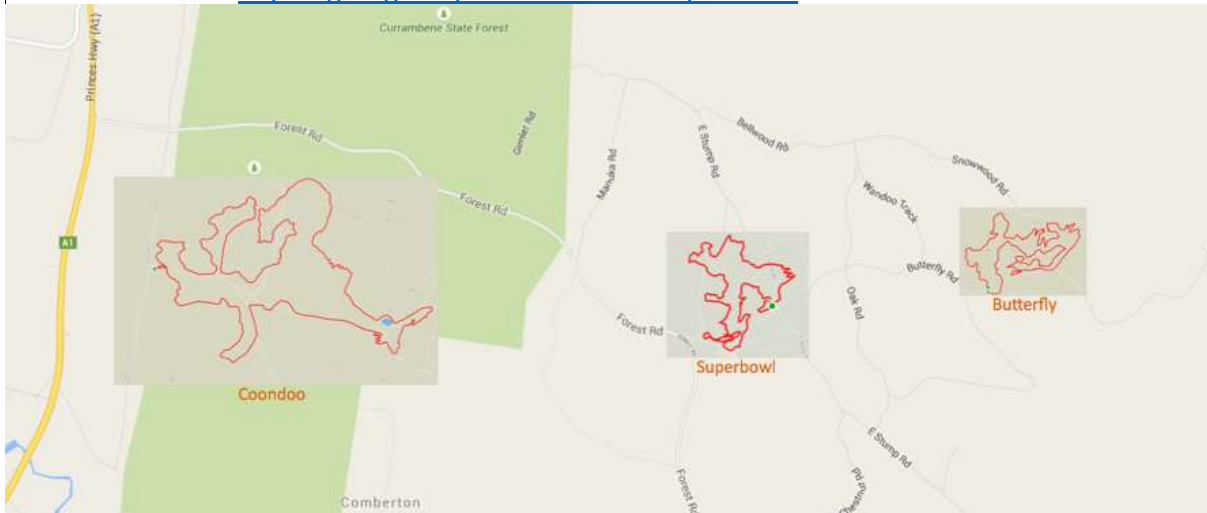
## Map reference

Maps of each event location and course layout (Coondoo, Superbowl and Butterfly) are clearly displayed on the SCUM trailer at every event. The course layout may vary depending on various external factors (e.g. weather, course condition, event style).

Indicative maps and Google map links are included below:

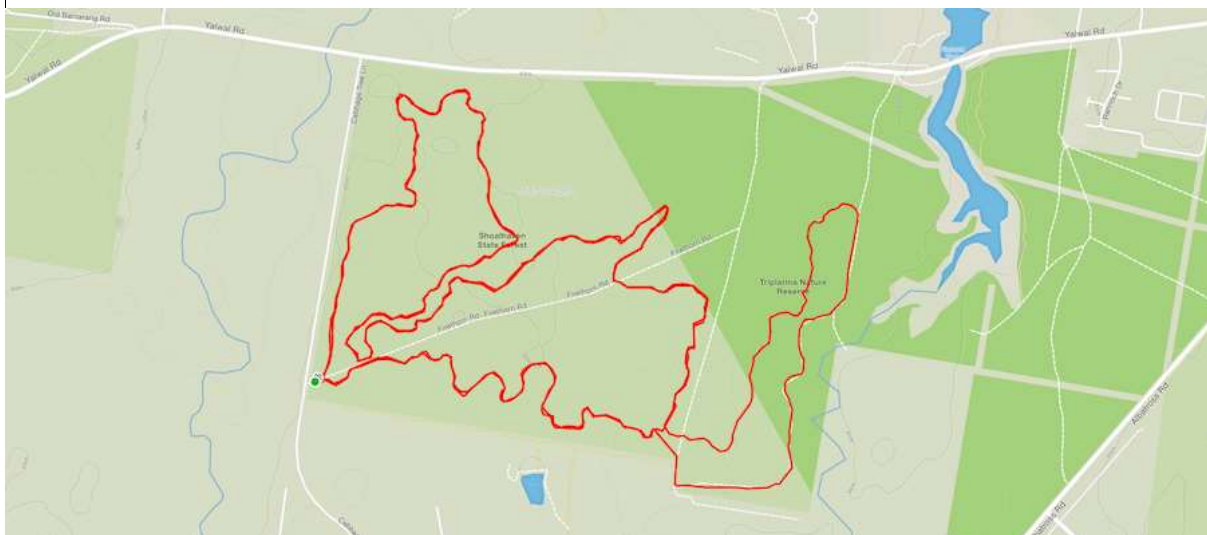
### Coondoo, Superbowl and Butterfly

- Coondoo: <https://goo.gl/maps/GdvYenECFZqm2rH69>



- Superbowl: <https://goo.gl/maps/oY8xinZHEtbf82Wh7>
- Butterfly: <https://goo.gl/maps/XTMtMSCSKL5FqABh6>

### Cabbage Tree Lane



- Cabbage Tree Lane: <https://goo.gl/maps/1XSJLuu46y15TAdf6>