

**Coondoo, Superbowl & Butterfly** are all easily accessed a few kilometres South of Nowra just off the Princes Highway via Forest Road. Riders are advised that there are no water and toilet facilities based at any of the SCUM trails (apart from naturally occurring features); therefore come prepared with plenty of water. The nearest shops and facilities are located in South Nowra (approx. 4km North from the junction of Forest Road and the Princes Highway). Toilet facilities & drinks are available at all SCUM Events.

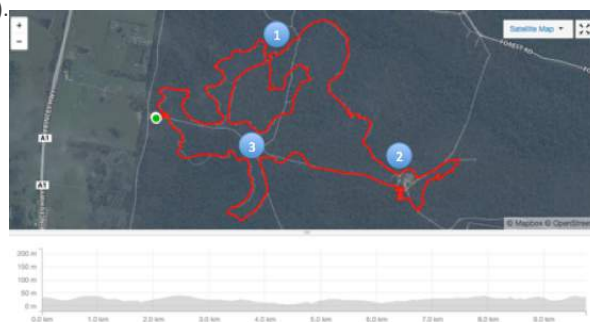
**Coondoo – XC:** Located 15 minutes South of Nowra, Coondoo is the original home of SCUM Endurance races. Originally 6km in length, the course has been extended to enable events of various configurations and loop lengths (up to approx. 10km).

#### Getting there:

- Turn onto Forest Road from the Princes Highway (A1); continue 200m along Forest Rd.
- Turn Right into Western Road.
- Continue approx. 1km along Western Road until a major junction with Coondoo Road (un-signposted). The trail head is 30m along Coondoo Road on the Left.

#### Riding Direction is CLOCKWISE – Main junctions (as on map):

1. Turn Right up Beach Street (longer loop) OR continue left down Missing Link.
2. Continue Left around the dam (longer loop) and head down into Gimlet and back through Ziggy Zaggy OR turn Right, then Right again on the Fire Road.
3. Turn Left down the Fire Road (longer loop) and head into Rocky and Bullwinkle OR continue straight across the fire road to join Rock n Roll Suicide (after approx. 50m)



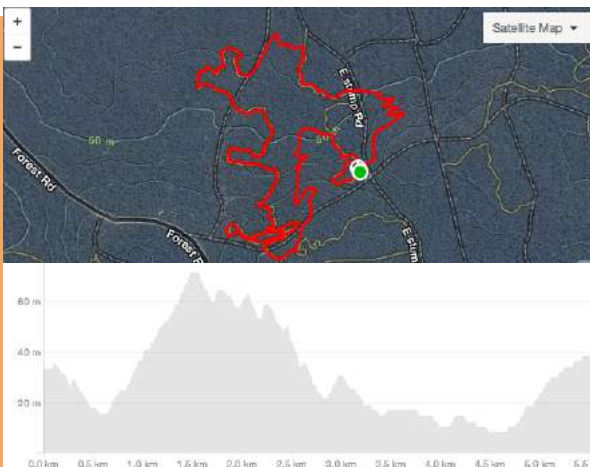
**Superbowl – XC / Flow X (Staged XC):** Just 5 minutes drive from Coondoo, Superbowl offers short technical sections, flat twisty blasts, some modest climbing & wha-hoo downhill sections. At around 6km, Superbowl is the do it all trail.

#### Getting there:

- Turn onto Forest Road from the Princes Highway (A1); continue along Forest Rd. for approx. 5km
- Turn Left into Butterfly Road.
- Park either 100m on the right (top of the hill) or 400m on the Left at the corner of East Stump Rd. Two trail heads, one (at the top) across Butterfly Rd; the second heads West from the Lower Car Park – away from East Stump Rd.

#### Riding Direction is CLOCKWISE:

Superbowl is another loop track, however multiple Fire Rds are crossed. Variations therefore can be made to shorter or lengthen your ride. During Staged XC Events slight variations are made to the course and / or the direction.



**Butterfly – XC / Flow X (Staged XC):** A few minutes down the fire trail from Superbowl, Butterfly is an approx. 5.5km course offering some super flowing single track, short technical climbs and those yee-haa downhill sections for those that like to go fast.

#### Getting there:

- Turn onto Forest Road from the Princes Highway (A1); continue along Forest Rd. for approx. 5km
- Turn Left into Butterfly Rd, go past Superbowl & continue approx. 2km until a major clearing on the Left is reached (un-signposted). The trail heads is North of Butterfly Rd, 30m from the Rd. on your left

#### Riding Direction is CLOCKWISE:

Butterfly is also a loop track with several Fire Rd intersections, variations can be made to shorter or lengthen your ride. Better still with a bit of tweaking, Butterfly can be linked to Superbowl for some Superfly ... Yeeuuuww.

